


Holy Family School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 	5 Mozzarella Stuffed Breadsticks w/Marinara Dipping Sauce Broccoli Ranch Dippers Fresh Fruit Jell-O Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Hot Dog <input type="checkbox"/> Tuna <input type="checkbox"/>	6 Pasta with Meatballs Garlic Bread Garden Ranch Salad Applesauce Regular <input type="checkbox"/> Cheese <input type="checkbox"/> Burger <input type="checkbox"/> Chicken Salad <input type="checkbox"/>	7 Philly-style Cheese Steak Seasoned Potato Wedges Chickpea Salad Apple Slices Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Hot Dog <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	8 Pizza Cucumber Slices Apple Slices Goldfish Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Cereal <input type="checkbox"/> Ex. Slice <input type="checkbox"/>
11 Classic Mac and Cheese Caesar Salad Carrot Sticks Apple Slices Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Burger <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	12 Taco Tuesday—Soft Shell Taco Cheese, Lettuce, Tomato, Salsa Cucumber Slices and Carrots Fruit Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Hot Dog <input type="checkbox"/> Tuna <input type="checkbox"/>	13 BBQ Chicken Sandwich Garden Salad Cucumbers Peaches 1/2 oz. Chips Regular <input type="checkbox"/> Cheese <input type="checkbox"/> Burger <input type="checkbox"/> Chicken Salad <input type="checkbox"/>	14 Tangerine Chicken w/Rice Sweet Corn Edamame Salad Mandarin Oranges Fortune Cookie Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Hot Dog <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	15 Pizza Celery Sticks Fresh Fruit Pudding Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Cereal <input type="checkbox"/> Ex. Slice <input type="checkbox"/>
18 French Toast Sticks w/Syrup Sausage Tater Tots Carrot Sticks Fruit Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Burger <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	19 Chicken Tenders Baked Curley Fries Baked Beans Applesauce Pretzel Stick Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Hot Dog <input type="checkbox"/> Tuna <input type="checkbox"/>	20 Meatball Sub Caesar Salad Cucumber Slices Fruit Salad Brownie Regular <input type="checkbox"/> Cheese <input type="checkbox"/> Burger <input type="checkbox"/> Chicken Salad <input type="checkbox"/>	21 Mozzarella Sticks w/Marinara Sauce Whole Grain Roll Carrot Sticks Fresh Fruit Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Hot <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	22 Pizza Garden Veggie Salad Fresh Fruit Goldfish Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Cereal <input type="checkbox"/> Ex. Slice <input type="checkbox"/>
25 Cheese Quesadillas Sweet Corn Peaches Cinnamon Sugar Churro Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Burger <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	26 Chicken Nuggets WW Roll Carrots Fresh Fruit Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Hot Dog <input type="checkbox"/> Tuna <input type="checkbox"/>	27 Cheesy Lasagna Garlic Bread Cauliflower Ranch Dippers Orange Slices Regular <input type="checkbox"/> Cheese <input type="checkbox"/> Burger <input type="checkbox"/> Chicken Salad <input type="checkbox"/>	28 Roasted Chicken WW Roll Mashed Potatoes w/Gravy Baked Beans Fruit Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Hot <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	29 Pizza Carrot Sticks Fruit Pudding Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Cereal <input type="checkbox"/> Ex. Slice <input type="checkbox"/>

Menu Subject to Change

Date Due:

of days _____ x \$3.75 = _____

of days _____ x \$1.00 = _____

Total Enclosed = _____

Choice of fat free chocolate, fat free white and 1% white milk available daily.

"USDA is an equal opportunity provider and employer"

Daily Fruit Offerings could include: Oranges, Apples, Bagged Apple Slices, Bananas, Grapes, Sliced Peaches, Sliced Pears, Diced Pineapple, Applesauce, Mixed Fruit Cocktail and 100% Juice

- The Hot Alternative (Hamburger or Hot Dog) replaces the main entrée of the regular meal, the sides stay the same.
 - Wheat Bagel w/Cream Cheese & 2 oz. Cheese Stick Meal
 - Cheese Sandwich Meal
 - Ham/Cheese, Tuna or Chicken Salad Sandwich Meal
 - Cereal, 1 oz. Cheese Stick, 4 oz. Yogurt & Goldfish Meal
- Each Alternative lunch includes fruit and vegetable of the day and milk.