Holy Family School
Name


Date Due:

$$
\begin{array}{ll}
\# \text { of days } \frac{0}{0} \times \$ 3.75=\frac{\$ 0.00}{\$ 0.00} \\
\# \text { of days }
\end{array}
$$

Total Enclosed $=\$ 0.00$
"USDA is an equal opportunity provider and employer"

- The Hot Alternative (Hamburger or Hot Dog) replaces the main entrée of the regular meal, the sides stay the same.
- Wheat Bagel w/Cream Cheese \& 2 oz. Cheese Stick Meal
- Cheese Sandwich Meal
- Ham/Cheese, Tuna or Chicken Salad Sandwich Meal
- Cereal, 1 oz. Cheese Stick, 4 oz. Yogurt \& Goldfish Meal

Each Alternative lunch includes fruit and vegetable of the day and milk.

Daily Fruit Offerings could include: Oranges, Apples, Bagged Apple Slices, Bananas, Grapes, Sliced Peaches, Sliced Pears, Diced Pineapple, Applesauce, Mixed Fruit Cocktail and 100\% Juice
Choice of fat free chocolate, fat free white and $1 \%$ white milk available daily.

