Holy Family Scho	<b>O</b> Name	Gr./Room	Novemb	er 2016 纀	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	NO SCHOOL	2 Lasagna Cheese Cheese Orange Slices Milk Regular Cheese Chicken Salad	3 Chicken Tenders w/WW Roll Baked Curly Fries Celery Sticks Grapes Milk Regular Cereal Hot Dog Ham/Ch.	4 Regular Pizza Party Kale Chips Fruit Milk Regular Bagel Cereal Ex. Slice	
7 Beef Taco Scoops, Cheese, Lettuce, Tomato, Salsa Sweet Corn Black Bean Salad Orange Slices Milk  Regular Cereal Burger Ham/Ch.	8 Baked Mozzarella Sticks Marinara Dipping Sauce Broccoli Salad Carrots Apple Slices Milk Regular Bagel Hot Dog Tuna	9 Roast Turkey w/WW Roll Mashed Potatoes w/Gravy Green Beans 100% Juice Cranberry Sauce Holiday Dessert Milk  Chicken Salad	10 Grilled Cheese Sandwich with Tomato Soup Caesar Salad Sliced Peaches Milk  Regular Cereal Hot Dog Ham/Ch.	Pizza Party Cauliflower Florets Carrots Fresh Fruit Milk  Regular Bagel Cereal Ex. Slice	
14 Mini Waffles w/Syrup 4 oz. Yogurt Tater Tots Carrots Orange Juice Milk  Regular Cereal Burger Ham/Ch.	Classic Mac and Cheese Broccoli Florets w/Dip Fresh Fruit Water Ice Milk  Regular Bagel Hot Dog Tuna	16 Spaghetti with Meatballs Garlic Bread Garden Ranch Salad Applesauce Milk Regular Cheese Burger Chicken Salad	17 Honey BBQ Chicken Wings Macaroni Salad Celery & Cucumbers Seasonal Fruit Milk Regular Cereal Hot Dog Ham/Ch.	18 Pizza Party Carrot Sticks Chickpea Salad Apple Slices Milk Regular Bagel Cereal Ex. Slice	
21 Mozzarella Stuffed Breadsticks w/Marinara Sauce Caesar Salad Carrots Peaches Milk Regular Cereal Burger Ham/Ch.	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	
28 French Toast Sticks w/Syrup 4 oz. Yogurt Tater Tots Carrot Sticks Peaches Milk Regular Cereal Burger Ham/Ch.	29 Cheeseburger Lettuce/Tomato Sweet Potato Fries Banana Milk Regular Bagel Hot Dog Tuna	Mini Cheese Pizza Pockets Caesar Salad Cucumber Slices Fruit Salad Milk  Cheese  Burger  Chicken Salad	THANK	SGIVING *	
Date Due: # of days x \$3.75 =		Daily Fruit Offerings could includ Sliced Peaches, Sliced Pears, Dice	le: Oranges, Apples, Bagged Apple d Pineapple, Applesauce, Mixed Fro	e Slices, Bananas, Grapes, uit Cocktail and 100% Juice	
# of days x \$1.00 =  Total Enclosed =  "USDA is an equal opportunity provide	 	enu Subject the regula • Wheat Bagel to Change • Cheese Sand		Stick Meal	
	r - / -		<ul> <li>Ham/Cheese, Tuna or Chicken Salad Sandwich Meal</li> <li>Cereal, 1 oz. Cheese Stick, 4 oz. Yogurt &amp; Goldfish Meal</li> </ul>		

Choice of fat free chocolate, fat free white and 1% white milk available daily.

Each Alternative lunch includes fruit and vegetable of the day and milk.