Holy Family School

February 2016

Nama	Doom
Name	Room

Monday	Tuesday	Wednesday	Thursday	Friday		
1 Mozzarella Stuffed Breadsticks w/Marinara Sauce Caesar Salad Peaches Oatmeal Cookie Milk Regular Cereal Burger Ham/Ch.	2 Waffles w/Syrup Sausage Tater Tots Carrots Orange Juice Milk Regular Cereal Burger Tuna	Spaghetti with Meatballs Garlic Bread Garden Ranch Salad Applesauce Milk Regular Cereal Burger Chicken Salad	4 "SUPER BOWL 50" Honey BBQ Chicken Wings Macaroni Salad Celery & Cucumbers Seasonal Fruit Milk Regular Cereal Burger Ham/Ch.	Seasons Pizza Regul Carrot Sticks Chickpea Salad Apple Slices Milk Regul Exercises Burger Ex. Sl	al	
8 "Chinese New Year" Popcorn Chicken Fried Rice Egg Roll Fortune Cookie Fruit Milk Pear" Regular Bagel Hot Dog Ham/Ch.	9 Italian Hoagie w/Lettuce, Tomato, Onion & Sweet Peppers Edamame Salad Cucumber Slices Pears Milk Regular Bagel Hot Dog Tuna	10 Cheesy Baked Ziti Garlic Parm. Breadstick Spinach Salad Peaches Milk Regular Bagel Gr. Cheese Tuna	11 Chicken Nuggets with Mini Soft Pretzel Seasoned Curly Fries Carrot Sticks Apple Slices Milk Regular Bagel Hot Dog Ham/Ch.	12 "COUNT THE HEARTS" Seasons Pizza Pepper Strips Celery Fresh Fruit Milk Regul Bagel Gr. Che Ex. Sl	ılar	
NO SCHOOL President's Day	16 Hamburger/Cheese/WW Bun Lettuce/Tomato Baked Beans Celery Sticks Fresh Fruit Milk Regular Cheese Burger Tuna	17 Spaghetti with Meatballs Caesar Salad Cucumber Slices Fruit Salad Milk Regular Cheese Burger Chicken Salad	18 Chicken Cheese Steak Sandwich Carrot Sticks Hummus Apple Slices Milk Regular Cheese Burger Ham/Ch.	Seasons Pizza Garden Veggie Salad Fresh Fruit Milk Regu Chee Gr. Ch Ex. S	ese heese	
BBQ Chicken Wings Caesar Salad Carrots Fresh Fruit Milk Regular Cereal Hot Dog Ham/Ch.	23 Cheese or Beef Nachos, Salsa, Lettuce and Tomato Black Bean Salad Santé Fe Corn Fresh Fruit Milk Regular Cereal Hot Dog Tuna	24 Meatball Parmesan Sub Curly Fries Cauliflower Florets Orange Slices Milk Regular Cereal Hot Dog Chicken Salad	25 Baked Mozzarella Sticks w/Marinara Sauce Carrot & Celery Sticks Whole Fruit Milk Regular Cereal Hot Dog Ham/Ch.	26 Seasons Pizza Sweet Broccoli Salad Fruit Milk Gr. Ch Ex. S	eal heese	
Chicken Tenders Seasoned Waffle Fries Carrot Sticks Apple Slices Milk Regular Bagel Burger Ham/Ch.	ed Waffle Fries Bagel Sticks Burger Choice of fat free chocolate, fat free white and 1% white milk available daily.					

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of days _____ x \$3.75 = ____

of days _____ x \$1.00 = ____

Total Enclosed = _____

"USDA is an equal opportunity provider and employer"

Alternative Meals

- The Hot Alternative (Hamburger or Hot Dog) replaces the main entrée of the regular meal, the sides stay the same.
- Grilled Cheese on Feb. 10th, 12th, 19 and 26th replaces the main entrée of the regular meal, the sides stay the same
- Wheat Bagel w/Cream Cheese & 2 oz. Cheese Stick Meal
- Cheese Sandwich Meal
- Ham/Cheese, Tuna or Chicken Salad Sandwich Meal
- Cereal, 1 oz. Cheese Stick, 4 oz. Yogurt & Goldfish Meal