## Holy Family School

## Name

## Room

## February 2016

| Monday |  | Tuesday |  |  | Wednesday |  | Thursday |  | Friday |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 Mozzarella Stuffed w/Marinara Sauce <br> Caesar Salad <br> Peaches <br> Oatmeal Cookie Milk | Breadsti <br> Regular <br> Cereal <br> Burger <br> Ham/Ch. | 2 Waffles w/Syrup Sausage Tater Tots Carrots Orange J uice Milk |  | Regular <br> Cereal <br> Burger <br> Tuna | 3 <br> Spaghetti with Meatballs Garlic Bread Garden Ranch Salad Applesauce Milk | Regular <br> Cereal <br> Burger <br> $\begin{array}{l}\text { Cicken } \\ \text { Salad }\end{array}$ | 4 "SUPER BOWL 50" Honey BBQ Chicken Wings Macaroni Salad Celery \& Cucumbers Seasonal Fruit Milk | Regular <br> Cereal <br> Burger <br> Ham/Ch. | 5 <br> Seasons Pizza Carrot Sticks Chickpea Salad Apple Slices Milk | Regular <br> Cereal <br> Burger <br> Ex. Slice |  |
| 8 "Chinese New <br> Popcorn Chicken <br> Fried Rice <br> Egg Roll <br> Fortune Cookie <br> Fruit Milk | $\mathbf{e a x}^{\prime \prime}$ <br> Regular <br> Bagel <br> Hot Dog <br> Ham/Ch. |  |  |  |  | Regular <br> Bagel <br> Gr. Cheese <br> Tuna | 11 Chicken Nuggets with Mini Soft Pretzel Seasoned Curly Fries Carrot Sticks Apple Slices Milk |  | 12 "COUNT THE HEAR Seasons Pizza Pepper Strips Celery Fresh Fruit Milk | ARTS" <br> Regular <br> Bagel <br> Gr. Cheese <br> Ex. Slice |  |
| 15 <br> NO SCHO <br> Presidenti | D |  |  |  |  | Regular <br> Cheese <br> Burger <br> $\begin{array}{l}\text { Chicken } \\ \text { Salad }\end{array}$ |  |  |  | Regular <br> Cheese <br> Gr. Cheese <br> Ex. Slice |  |
| 22 <br> BBQ Chicken Wings <br> Caesar Salad <br> Carrots <br> Fresh Fruit <br> Milk | Regular <br> Cereal <br> Hot Dog <br> Ham/Ch. | 23 Cheese or Beef Nachos, Salsa, Lettuce and Tomato Black Bean Salad Santé Fe Corn Fresh Fruit Milk |  |  | 24 <br> Meatball Parmesan Sub Curly Fries Cauliflower Florets Orange Slices Milk |  | 25 <br> Baked Mozzarella Sticks w/Marinara Sauce Carrot \& Celery Sticks Whole Fruit Milk | Regular <br> Cereal <br> Hot Dog <br> Ham/Ch. |  |  |  |
| 29 <br> Chicken Tenders Seasoned Waffle Fries Carrot Sticks Apple Slices Milk | Regular <br> Bagel <br> Burger <br> Ham/Ch. | Daily Fruit Offerings could include: Oranges, Apples, Bagged Apple Slices, Bananas, Grapes, Sliced Peaches, Sliced Pears, Diced Pineapple, Applesauce, Mixed Fruit Cocktail and 100\% J uice <br> Choice of fat free chocolate, fat free white and 1\% white milk available daily. <br> Menu Subject to Change |  |  |  |  |  |  |  |  |  |

## Alternative Meals

Date Due:
\# of days $\frac{0}{0} \times \$ 3.75=\underline{\$ 0.00}$
$\#$ of days 0
Total Enclosed $=\$ 0.00$
"USDA is an equal opportunity provider and employer"

- The Hot Alternative (Hamburger or Hot Dog) replaces the main entrée of the regular meal, the sides stay the same.
- Grilled Cheese on Feb. 10th, 12th, 19 and 26th replaces the main entrée of the regular meal, the sides stay the same
- Wheat Bagel w/Cream Cheese \& 2 oz. Cheese Stick Meal
- Cheese Sandwich Meal
- Ham/Cheese, Tuna or Chicken Salad Sandwich Meal
- Cereal, 1 oz. Cheese Stick, 4 oz. Yogurt \& Goldfish Meal

