Holy Family School

Name	Room
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MONDAY	TUESDAY	WEDNESDAY		THURSDAY		FRIDAY		
6 NO SCHOOL	7 Waffle Sticks w/Syrup Low Fat Sausage Potato Wedges Orange Juice Regular Cereal Hot Dog	Applesauce 100% Fruit Juice	egular (9 Cheese Steak Sandwich Baked Beans Onion Rings Fruit Cup Applesauce Brownie	Regular Cereal Hot Dog	10 Pizza Party Garden Veggie Salad Apple Slices Asst. 100% Juice	Regular Cereal Hot Dog Ex. Slice	
Chicken Fingers Waffle Fries Carrot Sticks Apple Slices Regular Bagel Burger	14 "Taco Tuesday" Shredded Lettuce Tomato and Salsa Black Beans Corn Fruit Regular Bagel Burger	Whole Fruit	egular (16 Chicken Patty/WW Bun Lettuce & Tomato Green Beans Mixed Fruit	Regular Bagel Burger	17 Pizza Party Carrot Sticks Fresh Fruit Goldfish Crackers	Regular Bagel Burger Ex. Slice	
20 Hot Dog on WW Bun Side of Mac & Cheese Edamame Peaches Regular Cheese Hot Dog	21 French Toast Sticks w/Syrup Low Fat Sausage Potato Wedges Fresh Fruit Regular Cheese Hot Dog	_	to	23 Pasta w/Meat Sauce Garlic Breadstick Cucumber Slices 100% Juice	Regular Cheese Hot Dog	24 Pizza Party Carrot Sticks Applesauce Graham Crackers	Regular Cheese Hot Dog Ex. Slice	
27 Baked Mozzarella Sticks w/Marinara Sauce Caesar Salad Whole Fruit 100% Juice Regular Cereal Burger	28 Mini Pancakes Yogurt Hash Brown Carrot Sticks Apples Slices Regular Cereal Burger	Chickpea Salad Cer	vich gular	30 Chicken Nuggets w/BBQ Dipping Sauce Cucumber Slices Whole Fruit Homemade Applesauce Brownies	Regular Cereal Burger			
Earth Day is celebrating its 45th Anniversary! Earth Day, April 22nd								
Date Due:		CHOICE OF FAT FREE C	CHOCOLATE	E, FAT FREE WHIE & 1	% WHITE M	ILK	AVAILABE DAILY	
# of days X \$3.60 = *The Hot Alternative (Hamburger or Hotdog) replaces meal, the sides stay the same # of days X \$1.00 = (Extra Slice of Pizza) *Wheat Bagel w/Cream Cheese & 2 oz. Cheese Stick						Cheese Sandwich or	Regular Bagel or Cereal	
Total Enclosed =						Alternative		
PB&J has been removed as a lunch choice due to peanut allergies. *Cereal w/ 1 oz. Cheese Stick and 4 oz. Yogurt Meal					Extra Slice			
"USDA is an equal opportunity provider and employer." Each alternative lunch includes fruit and vegetable of the day and milk.							<u> </u>	