




Holy Family School



DECEMBER 2015

Name _____ Room _____

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NATIONAL EAT A RED APPLE DAY Hamburger/Cheese on WW Bun Lettuce/Tomato Baked Beans Celery Sticks Apple Slices Milk 	2 Spaghetti with Meatballs Caesar Salad Cucumber Slices Fruit Salad Milk	3 Chicken Cheese Steak Sandwich Carrot Sticks Hummus Fresh Fruit Milk	4 Seasons Pizza Garden Veggie Salad Fresh Fruit Milk
7 BBQ Chicken Wings WW Roll Caesar Salad Carrots Fresh Fruit Milk	8 NO SCHOOL	9 Meatball Parmesan Sub Curly Fries Cauliflower Florets Orange Slices Milk	10 Baked Mozzarella Sticks Marinara Dipping Sauce Carrot and Celery Sticks Whole Fruit Milk	11 Ciabatta's Pizza Sweet Broccoli Salad Fruit Milk
14 Chicken Tenders Seasoned Waffle Fries Carrot Sticks Apple Slices Milk	15 Soft Shell Tacos Cheese, Lettuce, Tomato, Salsa Sante Fe Corn Orange Slices Milk	16 Chicken Sandwich with Lettuce & Tomato Maple Baked Beans Pineapple Cole Slaw Cinnamon Applesauce Milk	17 Grilled Cheese with Tomato Soup Caesar Salad Sliced Peaches Blueberry Apricot Crisp Milk	18 Seasons Pizza Carrot Sticks and Cauliflower Fresh Fruit Milk
21 Waffles w/Syrup Sausage Tater Tots Carrots Orange Juice Milk	22 Ciabatta's Pizza Caesar Salad Peaches Oatmeal Cookie Milk	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL Merry Christmas! 
SCHOOL RESUMES JANUARY 4TH				

Choice of fat free chocolate, fat free white and 1% white milk available daily.

Date Due:

of days _____ x \$3.75 = _____

of days _____ x \$1.00 = _____

"USDA is an equal opportunity provider and employer"

Menu Subject to Change

Alternative Meals

- The Hot Alternative (Hamburger or Hot Dog) replaces the main entrée of the regular meal, the sides stay the same.
- Wheat Bagel w/Cream Cheese & 2 oz. Cheese Stick Meal
- Cheese Sandwich Meal
- Ham/Cheese, Tuna or Chicken Salad Sandwich Meal
- Cereal, 1 oz. Cheese Stick, 4 oz. Yogurt & Goldfish Meal

Each Alternative lunch includes fruit and vegetable of the day and milk.

Daily Fruit Offerings could include: Oranges, Apples, Bagged Apple Slices, Bananas, Grapes, Sliced Peaches, Sliced Pears, Diced Pineapple, Applesauce, Mixed Fruit Cocktail and 100% Juice