



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Baked Mozzarella Sticks Marinara Dipping Sauce Kale Chips Apple Slices Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Burger <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	4 Beef Taco Scoops, Cheese, Lettuce, Tomato, Salsa Sweet Corn Black Bean Salad Orange Slices Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Hot Dog <input type="checkbox"/> Tuna <input type="checkbox"/>	5 Chicken Parmesan with Spaghetti (plain or with sauce) Carrots Cinnamon Applesauce Milk Regular <input type="checkbox"/> Cheese <input type="checkbox"/> Burger <input type="checkbox"/> Chicken Salad <input type="checkbox"/>	6 Grilled Cheese Sandwich with Tomato Soup Caesar Salad Sliced Peaches Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Hot Dog <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	7 Pizza Party Cauliflower Florets Fresh Fruit Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Cereal <input type="checkbox"/> Ex. Slice <input type="checkbox"/>
10 Mini Waffles w/Syrup 4 oz. Yogurt Tater Tots Carrots Orange Juice Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Burger <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	11 Classic Mac and Cheese Broccoli Florets with Dip Fresh Fruit Water Ice Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Hot Dog <input type="checkbox"/> Tuna <input type="checkbox"/>	12 Spaghetti with Meatballs Garlic Bread Garden Ranch Salad Applesauce Milk Regular <input type="checkbox"/> Cheese <input type="checkbox"/> Burger <input type="checkbox"/> Chicken Salad <input type="checkbox"/>	13 Pizza Party Carrot Sticks Chickpea Salad Apple Slices Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Hot Dog <input type="checkbox"/> Ex. Slice <input type="checkbox"/>	14 NO SCHOOL
17 Mozzarella Stuffed Breadsticks w/Marinara Sauce Caesar Salad Carrots Peaches Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Burger <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	18 Turkey and Cheese Hoagie Edamame Salad Cucumber Slices Pears Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Hot Dog <input type="checkbox"/> Tuna <input type="checkbox"/>	19 Mini Cheese Raviolis with Marinara Sauce Garlic Parmesan Breadstick Spinach Salad Peaches Milk Regular <input type="checkbox"/> Cheese <input type="checkbox"/> Burger <input type="checkbox"/> Chicken Salad <input type="checkbox"/>	20 Popcorn Chicken with Sweet & Sour Dipping Sauce Seasoned Rice Sweet Corn Mandarin Oranges Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Hot Dog <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	21 Pizza Party Celery Sticks Fresh Fruit Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Cereal <input type="checkbox"/> Ex. Slice <input type="checkbox"/>
24 "APPLE CRUNCH DAY" French Toast Sticks/Syrup 4 oz. Yogurt Tater Tots Carrot Sticks Local Apples Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Burger <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	25 Cheeseburger Lettuce/Tomato Sweet Potato Fries Banana Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Hot Dog <input type="checkbox"/> Tuna <input type="checkbox"/>	26 Mini Cheese Pizza Pockets Caesar Salad Cucumber Slices Fruit Salad Milk Regular <input type="checkbox"/> Cheese <input type="checkbox"/> Burger <input type="checkbox"/> Chicken Salad <input type="checkbox"/>	27 Buffalo Chicken Cheese Steak Carrot Sticks Hummus Peaches Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Hot Dog <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	28 Pizza Party Garden Veggie Salad Fresh Fruit Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Cereal <input type="checkbox"/> Ex. Slice <input type="checkbox"/>
31 Cheese Quesadillas Black Bean Salad Santa Fe Corn Fresh Fruit Halloween Cookie Milk "Halloween Give Away" Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Burger <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	 <p>National School Lunch Week October 10th—October 14th</p> <p>Choice of fat free chocolate, fat free white and 1% white milk available daily.</p> 			

Date Due: _____
 # of days _____ x \$3.75 = _____
 # of days _____ x \$1.00 = _____
 Total Enclosed = _____

Daily Fruit Offerings could include: Oranges, Apples, Bagged Apple Slices, Bananas, Grapes, Sliced Peaches, Sliced Pears, Diced Pineapple, Applesauce, Mixed Fruit Cocktail and 100% Juice

Menu Subject
to Change

- The Hot Alternative (Hamburger or Hot Dog) replaces the main entrée of the regular meal, the sides stay the same.
- Wheat Bagel w/Cream Cheese & 2 oz. Cheese Stick Meal
- Cheese Sandwich Meal
- Ham/Cheese, Tuna or Chicken Salad Sandwich Meal
- Cereal, 1 oz. Cheese Stick, 4 oz. Yogurt & Goldfish Meal

Each Alternative lunch includes fruit and vegetable of the day and milk.

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