


Holy Family School



September 2016



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 NO SCHOOL 	6 Classic Mac and Cheese Broccoli Florets w/Dip Fresh Fruit Water Ice Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Hot Dog <input type="checkbox"/> Tuna <input type="checkbox"/>	7 Spaghetti w/Meatballs Garlic Bread Garden Ranch Salad Applesauce Milk Regular <input type="checkbox"/> Cheese <input type="checkbox"/> Burger <input type="checkbox"/> Chicken Salad <input type="checkbox"/>	8 Honey BBQ Chicken Wings Macaroni Salad Celery & Cucumbers Seasonal Fruit Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Hot Dog <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	9 Pizza Party Carrot Sticks Chickpea Salad Apple Slices Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Cereal <input type="checkbox"/> Ex. Slice <input type="checkbox"/>
12 Mozzarella Stuffed Breadsticks w/Marinara Sauce Caesar Salad Carrots Peaches Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Burger <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	13 Turkey and Cheese Hoagie Edamame Salad Cucumber Slices Pears Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Hot Dog <input type="checkbox"/> Tuna <input type="checkbox"/>	14 Mini Cheese Raviolis with Marinara Sauce Garlic Parmesan Breadstick Spinach Salad Peaches Milk Regular <input type="checkbox"/> Cheese <input type="checkbox"/> Burger <input type="checkbox"/> Chicken Salad <input type="checkbox"/>	15 Popcorn Chicken w/Sweet and Sour Dipping Sauce Seasoned Rice Sweet Corn Mandarin Oranges Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Hot Dog <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	16 Pizza Party Celery Sticks Fresh Fruit Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Cereal <input type="checkbox"/> Ex. Slice <input type="checkbox"/>
19 French Toast Sticks w/Syrup 4 oz. Yogurt Tater Tots Carrot Sticks Peaches Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Burger <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	20 Cheeseburger Sweet Potato Fries Banana Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Hot Dog <input type="checkbox"/> Tuna <input type="checkbox"/>	21 Mini Cheese Pizza Pockets Caesar Salad Cucumber Slices Fruit Salad Milk Regular <input type="checkbox"/> Cheese <input type="checkbox"/> Burger <input type="checkbox"/> Chicken Salad <input type="checkbox"/>	22 Buffalo Chicken Cheese Steak Carrot Sticks Hummus Apple Slices Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Hot Dog <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	23 Pizza Party Garden Veggie Salad Fresh Fruit Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Cereal <input type="checkbox"/> Ex. Slice <input type="checkbox"/>
26 Cheese Quesadillas Black Bean Salad Santa Fe Corn Fresh Fruit Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Burger <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	27 Pulled Pork on Roll Kale Chips Carrots Fresh Fruit Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Hot Dog <input type="checkbox"/> Tuna <input type="checkbox"/>	28 Lasagna Cauliflower Florets Orange Slices Milk Regular <input type="checkbox"/> Cheese <input type="checkbox"/> Burger <input type="checkbox"/> Chicken Salad <input type="checkbox"/>	29 Chicken Tenders w/Roll Baked Curly Fries Celery Sticks Grapes Milk Regular <input type="checkbox"/> Cereal <input type="checkbox"/> Hot Dog <input type="checkbox"/> Ham/Ch. <input type="checkbox"/>	30 Pizza Party Sweet Broccoli Salad Fruit Milk Regular <input type="checkbox"/> Bagel <input type="checkbox"/> Cereal <input type="checkbox"/> Ex. Slice <input type="checkbox"/>

Choice of fat free chocolate, fat free white and 1% white milk available daily.

Date Due:

of days _____ x \$3.75 = _____

of days _____ x \$1.00 = _____

Total Enclosed = _____

Menu
Subject
to
Change

- The Hot Alternative (Hamburger or Hot Dog) replaces the main entrée of the regular meal, the sides stay the same.
 - Wheat Bagel w/Cream Cheese & 2 oz. Cheese Stick Meal
 - Cheese Sandwich Meal
 - Ham/Cheese, Tuna or Chicken Salad Sandwich Meal
 - Cereal, 1 oz. Cheese Stick, 4 oz. Yogurt & Goldfish Meal
- Each Alternative lunch includes fruit and vegetable of the day and milk.**

Daily Fruit Offerings could include: Oranges, Apples, Bagged Apple Slices, Bananas, Grapes, Sliced Peaches, Sliced Pears, Diced Pineapple, Applesauce, Mixed Fruit Cocktail and 100%