



Holy Family School Name _____ Gr./Room _____

JANUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 	3 Popcorn Chicken with Sweet and Sour Dipping Sauce Seasoned Rice Sweet Corn Mandarin Oranges Milk	4 Lasagna Roll Ups Garlic Parmesan Breadstick Spinach Salad Fruit Crisp Milk	5 French Toast Sticks w/Syrup Sausage Hash Brown Casserole Carrot Sticks Peaches Milk	6 Pizza Party Pepper Sticks Fruit Goldfish Crackers Milk
9 Mini Pancakes 4 oz. Yogurt Hash Brown Potatoes Carrot Sticks Fruit Milk	10 Pulled Pork on Bun Baked French Fries Caesar Salad Fruit Vanilla Frosted Cake Milk	11 Mini Cheese Pizza Pockets w/Marinara Sauce Cucumber Slices Fruit Salad Milk	12 Make your own Italian Hoagie Assorted Toppings: Lettuce, Tomato, Peppers, Pickles, Onion & Mayo Chips Carrot Sticks w/Hummus Fruit Milk	13 Pizza Party Garden Veggie Salad Fruit Milk
16 	17 Chicken Tenders w/Roll Baked Curly Fries Carrot & Celery Sticks Banana Milk	18 Meatball Sandwich Tossed Green Salad Fruit Goldfish Milk	19 Chicken Noodle Soup Ham & Cheese on a Pretzel Roll Chickpea Salad Spinach Salad Applesauce Milk	20 Pizza Party Sweet Broccoli Salad Fruit Pretzel Stick Milk
23 Baked Mozzarella Sticks Marinara Dipping Sauce WW Roll Tossed Green Salad Fruit Salad Milk	24 Beef Nacho Scoops Cheese, Lettuce, Tomato, Salsa Buttered Rice Black Bean Salad Sweet Corn Orange Slices Milk	25 Cheeseburger Curly Fries Cucumber Slices Cinnamon Applesauce Milk	26 Grilled Cheese Sandwich with Tomato Soup Caesar Salad Fruit Goldfish Milk	27 Pizza Party Carrot Sticks Fruit Chocolate Chip Cookie Milk
30 Cheese Steak Calzone w/Marinara Broccoli Florets Fruit Milk	31 Mini Waffles w/Syrup 4 oz. Yogurt Tater Tots Carrots Orange Juice Milk	Daily Fruit Offerings could include: Oranges, Apples, Bagged Apple Slices, Bananas, Grapes, Sliced Peaches, Sliced Pears, Diced Pineapple, Applesauce, Mixed Fruit Cocktail and 100% Juice Choice of fat free chocolate, fat free white and 1% white milk available daily.		

Date Due:

of days _____ x \$3.75 = _____

of days _____ x \$1.00 = _____

Total Enclosed = _____

“USDA is an equal opportunity provider and employer”

- The Hot Alternative (Hamburger or Hot Dog) replaces the main entrée of the regular meal, the sides stay the same.
- Wheat Bagel w/Cream Cheese & 2 oz. Cheese Stick Meal
- Cheese Sandwich Meal
- Ham/Cheese, Tuna or Chicken Salad Sandwich Meal
- Cereal, 1 oz. Cheese Stick, 4 oz. Yogurt & Goldfish Meal

Each Alternative lunch includes fruit and vegetable of the day and milk.

Menu Subject to Change