

Holy Family School



MAY 2015



Name _____ Room _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE OF FAT FREE CHOCOLATE, FAT FREE WHIE & 1 % WHITE MILK AVAILABE DAILY WITH ALL MEALS.				1 Pizza Party Garden Veggie Salad Fresh Fruit Goldfish Crackers
4 Chicken Fingers Waffle Fries Carrot Sticks Apple Slices	5 Mozzarella Sticks Caesar Salad Whole Fruit 100% Juice		7 Popcorn Chicken Seasoned Curly Fries Carrot Sticks Apple Slices	8 Pizza Party Chickpea Salad Fresh Fruit Goldfish Crackers
11 Mozzarella Stuffed Breadsticks w/Marinara Sauce Caesar Salad Peaches Water Ice	12 Waffle Sticks w/Syrup Sausage Hash Brown Potatoes Carrot Sticks Orange Juice	13 Spaghetti with Meatballs Garlic Texas Toast Garden Ranch Salad Applesauce	14 Honey BBQ Chicken Wings Celery & Carrot Sticks/Ranch Dip Macaroni Salad Watermelon	15 Pizza Party Hummus & Carrots Apple Slices Asst. 100% Juice
18 The Good Ol' Mac and Cheese Caesar Salad Edamame Salad Pears Cinnamon Goldfish Graham	19 French Toast Sticks w/Syrup Low Fat Sausage Hash Brown Potatoes Carrot Sticks Peaches	20 Pasta w/ Marinara Garlic Breadstick Cucumber Slices Oatmeal Cookie	21 Luau Lunch Hamburger/Cheese Burger Lettuce/Tomato Or Hot Dog on Bun Cole Slaw 1/2 oz. Chips 100% Juice Pineapple Cake	22 Pizza Party Caesar Salad Fruit Cup Graham Crackers
	26 WW Grilled Cheese Sandwich Tomato Soup Carrot Sticks Fresh Fruit Goldfish	27 Spaghetti with Meatballs Garlic Bread Caesar Salad Fruit Salad	28 Chicken Nuggets Carrot sticks Apple Slices 100% Juice	29 Pizza Party Garden Veggie Salad Chickpea Salad Fresh Fruit Goldfish Crackers

Date Due:

of days _____ X \$3.60 = _____

of days _____ X \$1.00 = _____ (Extra Slice of Pizza)

Total Enclosed = _____

*The Hot Alternative (Hamburger or Hotdog) replaces the main entree of the regular meal, the sides stay the same

*Wheat Bagel w/Cream Cheese & 2 oz. Cheese Stick Meal
 *Cheese Sandwich Meal

*Cereal w/ 1 oz. Cheese Stick and 4 oz. Yogurt Meal

Each alternative lunch includes fruit and vegetable of the day and milk.

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